



Bereavement Support Group

SIX WEDNESDAYS FOR TWO HOURS A WEEK

7th January - 11th February 2026

9.30am - 11.30am

Exeter Network Church, Providence Chapel,
Northernhay Street, Exeter EX4 3ER
(Just down the road from Exeter Central train station)

There is no charge to attend.

For further information or to book a place
please either email Felicity at
talkingsupport@icloud.com
or use the QR code to book online
(Places are limited, so please book early)

We look forward to welcoming you

Here is an opportunity to meet with others and talk confidentially. Having worked with GP practices, in social and mental health care and in a hospice, Christa Friend (BACP accredited) and Felicity Ursell offer between them over 45 years' experience of facilitating groups. They have found that talking with others, really does help relieve feelings of isolation and loneliness.



Bereavement Support Group

SIX WEDNESDAYS FOR TWO HOURS A WEEK

7th January - 11th February 2026

9.30am - 11.30am

Exeter Network Church, Providence Chapel,
Northernhay Street, Exeter EX4 3ER
(Just down the road from Exeter Central train station)

There is no charge to attend.

For further information or to book a place
please either email Felicity at
talkingsupport@icloud.com
or use the QR code to book online
(Places are limited, so please book early)

We look forward to welcoming you

Here is an opportunity to meet with others and talk confidentially. Having worked with GP practices, in social and mental health care and in a hospice, Christa Friend (BACP accredited) and Felicity Ursell offer between them over 45 years' experience of facilitating groups. They have found that talking with others, really does help relieve feelings of isolation and loneliness.

